

Parental Leadership



Three Characteristics of Great Leaders

- Lead from the front
- See and act with compassion
- Rely on self-control

Who is at the Top of Your Family Hierarchy?

List the names of all family members below in order of who tends to have the most influence in your family. Consider the following questions as you make your list.

1. Who has the most influence over the mood in your home?
2. Does the same person tend to get their way most of the time?
3. Does anyone get you to make decisions you aren't completely comfortable with in order to avoid dealing with the negative fallout?

If it's necessary, what can you do to flip the family hierarchy so you are back in a leadership position?

Identify some specific things your child(ren) do to flip the family hierarchy inappropriately.

What can you do specifically to prevent this from happening?

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Sometimes parents inadvertently undermine their own authority. What are some ways you as parents may be contributing to this dynamic?

How might you change your approach?
