

Choice and Accountability Invite Growth



Levels of Choice

Level 1

Setting a clear expectation/rule and then allowing the child to choose to follow it or receive the consequence.

Level 2

Providing the child with two or three options and letting the child choose between those options.

Level 3

Providing guidance as your child talks with you about their ideas and plans for how to handle a situation, then letting your child choose.

Level 4

Allowing the child to make decisions they feel are best without guidance from you.

Less freedom

More freedom